

“Culturally Competent Parenting” now on FPC

Many foster parents find themselves caring for children from minority cultures. Coping with cultural differences brings challenges regular foster parent training does not prepare them for. In the latest Foster Parent College online course, Dr. Tanya M. Coakley provides insight into and strategies for dealing with cultural differences in the family.

The class focuses on helping children maintain a healthy cultural identity, building their confidence and self-esteem, and helping them deal with prejudice and racism. Plus, it helps foster parents understand when and how to advocate for the rights of children in their care.

At the end of this course, parents will be able to:

- ▶ identify the causes of cultural confusion
- ▶ develop empathy for a minority child living in a majority culture family
- ▶ identify strategies to help children appreciate and maintain their cultural identity
- ▶ know when and how to advocate for rights on a child’s behalf
- ▶ identify key points necessary for the development of a healthy cultural identity
- ▶ identify general steps parents can take to enhance a child’s cultural identity

Dr. Coakley is a professor of Social Work at the University of North Carolina at Greensboro and is a specialist in transcultural foster, adoptive and kinship families.

This interactive course provides two training credits and costs \$8. For more information about this class or to watch a short preview, visit www.fosterparentcollege.com.

Just Ask Cynthia

This is Customer Service maven Cynthia Hostetter’s monthly attempt to demystify your life. Email questions to cynthia@northwestmedia.com.

Q: One of my foster parents can’t remember her password. How can I help her so that she can log in to Foster Parent College

A: There are two options available to you.

Help her retrieve her password on her own.

1. Advise her to enter her email address into the “Email Address” box in the upper right hand corner
2. Have her click on the blue “forgot” which is right next to the word “Password.”
3. This will send a “hint” note to her email. Then she can go back to the FPC website and log in.
4. If she still can’t remember her password, she can click “Request a new one” and we’ll send a temporary password.
5. Once she’s in, we recommend that she create a new password that she can easily remember by following the steps in “My Account.”

You assign her a new password.

1. Enter your member’s directory and click on the member’s name.
2. You should see her name in big red letters; click on the blue “Edit.”
3. You can now type a new password into the password field (type over the words “Current Password”) and save.
4. Then just give her a call or send her an email to let her know what the new password is. She may change her password later.

Free Webinars! Email today to schedule, webinars@northwestmedia.com.

What’s Happening

FPC President Lee White will present at the Foster Family-based Treatment Association conference in Atlanta, Aug. 2nd-5th. Call now to schedule a meeting with Mr. White while he’s in Atlanta, 1-800-777-6636.

Yes, you CAN reprint articles from *Solutions* and *Connections*. Please notify us of your plans, and on the article state the story is “Reprinted with permission from Foster Parent College (*newsletter title*).” If you are interested in reprinting an article by Dr. Rick Delaney, you must first receive permission by emailing us at press@northwestmedia.com.

Nominate Everyday Heroes for the *Connections Everyday Heroes* column. Email press@northwestmedia.com with the names and phone numbers of foster parents in your program who exemplify excellence.

We invite agencies to submit news for this column. This is your space to announce new programs, agency successes, conferences, events and trainings that are of interest to *Solutions* readers.

Please email your brief announcement to press@northwestmedia.com by the 15th of the month for the following month’s edition.